

**ELLEN M. CRAINE, JD, LMSW, ACSW, INHC**  
**Therapist, Social Work Ethics Consultant,**  
**Integrative Wellness Health Coach, Educator and Author**

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## **BIOGRAPHY**

### ***Educational Background:***

1. Law Degree from Wayne State University
2. Masters Degree in Social Work from the University of Michigan
3. Bachelor's Degree in social work, with a dual in psychology and a minor in criminal justice from Michigan State University
4. Divorce Mediation 40-hour training completed August 1996
5. Elder Mediation training completed in 2006
6. Parenting Coordination basic training completed in with Joan Kelly
7. Institute for Integrative Nutrition, Health Coach Certificate received September, 2017
8. Numerous continuing education courses in mediation and social work completed on a regular basis

### ***Experience:***

Ellen has over 20 years of experience as a divorce and family mediator and parenting coordinator and over 10 years of experience as an elder mediator. She has over 25 years of experience working with families and children in a variety of areas and capacities including domestic abuse, loss and grief, relationships issues, etc. Ellen has presented many trainings and workshops on loss and grief, domestic abuse, mediation, and social work ethics. She has presented at the Annual Conference for the Michigan – National Association of Social Workers and the Michigan Association of School Social Workers Annual Conference. She recently presented at the MI-NASW Ethics Institute April 20, 2018 and is scheduled to present at the MI-NASW Business of Social Work Conference August 10, 2018. In addition, she teaches regularly for Eastern Michigan University's Continuing Education Program for Social Workers. Her next class at Emu is June 29, 2018. She is scheduled to teach a social work CEU class for Michigan State University October 19, 2018.

In addition, Ellen has written and published numerous articles on divorce mediation, parenting coordination, and loss and grief issues related to divorce and childhood cancer. She has had articles published in the Michigan NASW newsletter; in the Specialty Sections Newsletter for NASW national office in Washington, D.C.; in the Family Mediation Council-Michigan newsletter and the Family Law Journal. Ellen's most recent articles are: High Mileage Questions for Social Workers posted on The New Social Worker website and is about self-care for social workers; When a Child is Diagnosed with Cancer posted on Social Work Today. Links for current articles can also be found on Ellen's website. She is currently working on four books, including one on social work ethics which will be published Fall 2018.

***Professional Affiliations:***

1. National Association of Social Workers (NASW) since 1984
2. Academy of Certified Social Workers (ACSW) since 1994
3. Member of the ethics review committee for Michigan NASW 2003 - 2016; 2012 -2013 Chair-Elect; July 1, 2013 – June 30, 2014 Chair; Past Chair July 1, 2014 – June 30, 2015.
4. Member of the Social Work and the Courts committee through NASW, D.C. through March 2016.
5. Member of Family Mediation Council – Michigan 1997 to December 31, 2017 due to the dissolution of the organization; Past President and board member, vice-chair and newsletter editor.
6. Association of Conflict Resolution since 1997; Ethics Committee Member March 2017 to present.
7. Association of Family and Conciliation Courts since 1997
8. Associate Member of the American Bar Association, Family Law Section
9. National Association of Professional Women – 2012 Woman of the Year
10. Anthroposophical Psychological Association – January 2015 to present
11. Association of Oncology Social Work

Currently, Ellen maintains a private practice specializing in divorce and family mediation (including eldercare issues), and counseling with couples, families, individuals and children in a variety of areas predominantly related to loss and grief issues at all stages of life. Ellen uses a holistic approach to counseling utilizing the idea that human upset and anxiety is at least partially tied to an unhappy inner soul. Through nurturing that inner soul through exercises with art, play, sand, nature, and music, the soul can grow and heal. Ellen also provides ethics consultations for social workers.

In addition, she teaches at Eastern Michigan University, in their continuing education program for social workers seeking CEU's for maintaining licensure.

Ellen appeared on Cooking Channel TV's new series, Restaurant Redemption, mediating between two brothers who own a restaurant and needed help with how they communicate with each other which originally aired November 5, 2013. Her appearance can be seen at [www.cookingchanneltv.com/restaurantredemption](http://www.cookingchanneltv.com/restaurantredemption)